

Brigadier Nicole Sadler AM CSC
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BRIG Nicole Sadler AM CSC is the Principal Consultant – Mental Health, to the Surgeon General Australian Defence Force. She is a clinical psychologist and a leader in trauma-related mental health and wellbeing, suicide, and disaster mental health. BRIG Sadler left full-time Army service in 2017 as the Head of the Australian Army Psychology Corps and is now the Chief Executive Officer of Phoenix Australia – Centre for Posttraumatic Mental Health. She is also an Enterprise Professor within the Department of Psychiatry, University of Melbourne.

For over three decades BRIG Sadler has worked with military members, veterans, emergency services workers, frontline health care professionals, and communities impacted by disasters and large scale events. She has an in-depth understanding of issues and challenges for individuals working in high-risk organisations and roles, and the systems and services required to improve and maintain their mental health and wellbeing, including after they have transitioned out of these roles. She has led major mental health strategic reviews, research, and policy and training development projects for organisations across Australia and internationally.