
A case for employing DEXA for health monitoring and injury prevention in the ADF

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No consent to publish abstract

Biography:

CAPT Angela Uphill has been an Army Physiotherapist in the Regular and Reserve Army for over 17 years.

She is currently working in SOCOMD Human Performance and is completing her PhD investigating the health and performance consequences of Australian Special Forces selection and training courses.

A Journey to Trauma Verification with the Royal Australasian College of Surgeons

Dr Julian Williams¹, Lieutenant Colonel Anna Reinhardt¹

1 Army, Australia

No consent to publish abstract

Biography:

LIEUTENANT COLONEL ANNA REINHARDT,
Commanding Officer 2nd Health Battalion

Lieutenant Colonel Reinhardt is a broadly skilled General Service Officer who has benefited from diversity of regimental, command, operations, training and staff opportunities. Her career appointments have spanned a variety of environments within 6th Brigade, 17th Sustainment Brigade, the Australian Defence Force Academy, Headquarters 1st Division, Army Headquarters, Headquarters Joint Logistics Command and Headquarters Joint Health Command. These experiences have provided broad opportunities to lead and work within highly skilled and integrated teams across dynamic settings.

Lieutenant Colonel Reinhardt has overseas and domestic operational experience.

Lieutenant Colonel Reinhardt holds a Bachelor of Arts (Information Systems), a Masters of Military and Defence Studies and a Masters of Health Management. She is a member of the Australasian College of Health Service Managers.

Lieutenant Colonel Reinhardt assumed command of

the 2nd General Health Battalion in January 2020 and is now the inaugural Commanding Officer of the 2nd Health Battalion.

ADF Health Research Framework 2021-25

Dr Michael Drew¹

1 Department Of Defence - Joint Health Command, Campbell, Australia

Members of the ADF perform a unique role, often in dangerous circumstances, and represent the foundation of Defence's capability. The ADF takes its duty of care to Defence members seriously and their health and wellbeing is a key Defence priority.

As Defence moves to shape, deter and respond to the rapid global changes affecting Australia's interests, the Defence Health System must also display agility and adapt to the future strategic environment and respond to government priorities.

This presentation will provide an overview of the ADF Health Research Framework 2021-25. This Framework marks a new chapter in setting a strategic approach to shaping Defence health research to have the greatest potential to contribute to ADF capability and improved health outcomes for ADF members.

The Framework aims to optimise Australia's relative advantages in health research expertise and infrastructure and outlines a more streamlined and systematic engagement process between Defence and research partners. Implementation of each of the four strategies which underpin the Framework will ensure high quality, relevant and timely research is delivered to optimise ADF capability.

This presentation will also showcase in more detail the first key strategy of the Framework which is the identification of strategic health research priorities. These priority areas will be integral to the future of Defence health research, and research within these priority themes will support the health and wellbeing of ADF members.

Biography:

Dr Michael Drew is the Director of Health Research within Joint Health Command at Defence. In this role he oversees the strategy, governance and partnerships relating to health research as well undertaking and commissioning research that preserves and optimises the health of the Australian Defence Force. Prior to this role, he worked at the Australian Institute of Sport for over a decade in various roles to improve Australian Olympians' health and performance. Prior